



General Dentistry
1591 Yanceyville St., STE 200 B
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(336) 272-6235
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“Following removal of a tooth....”

1. Upon leaving the office, bite softly on the gauze pad for 30 minutes and then remove. If bleeding continues, reapply.
2. For 48 hours:
DO NOT SMOKE
DO NOT SPIT
DO NOT RINSE WITH WATER OR MOUTHWASH
DO NOT DRINK ALCOHOL
All of the above may cause a dry socket.
3. If swelling should occur, ice can be used for the first 6 hours...5-10 minutes on the area, then 5-10 minutes off.
4. Mild pain may be experienced. You may take 800 mg. of Ibuprofen (Ex. Motrin, Advil) every 6-8 hours. A stronger prescription for stronger pain medication is available and given as doctor sees a need.
5. Eating and drinking is important; when eating avoid the surgical area; avoid any foods with small pieces like nuts, seeds, popcorn, etc.
6. You should still brush and floss the other areas of your mouth. Brush the teeth near the surgical site after 24 hours and more vigorous brushing and flossing after 48 hours.
7. In case of extreme pain, uncontrollable bleeding, or any unusual disturbances, call the office immediately. (336) 272-6235 or mobile 336-687-3572

What is a dry socket? A dry socket is a condition in which the **blood clot** that forms in the extraction site becomes detached from the walls of the socket leaving the bare bone exposed to saliva and air. Inflammation may occur and is persistent and painful. Updated 9 08 KK