



Rinse with warm salt water for the next several (3-4) days. Mix ½ teaspoon of salt with 8 oz. of warm water and swish for 5-10 seconds. Continue to do this until all of the solution is used.

Rinsing will help to alleviate discomfort in the gum tissue, to shrink the gum tissue and to aid in healing.

If you have any problems or questions, please call 272-6235

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