



HEMOCARE FOR DENTURES

USING DENTURE ADHESIVES

The use of denture powders/adhesives are contraindicated for use under illfitting dentures. However, with well-adapted & satisfactory complete dentures, denture adhesives have the following indications: severely atrophied residual ridges; xerostomia (Dry Mouth); tissue-supported RPD. Denture adhesive cream is to be applied in small pea-size increments distributed throughout the denture base, as needed, preferably prior to meals. The adhesive may require re-application throughout the day (two to three times).

CARING FOR DENTURES

Dentures should be left out of the mouth at night to give the supporting tissues adequate rest. This allows blood flow to return to normal for about 8 hours a day. Wearing a denture decreases the blood flow to the residual ridge. If this blood is kept away from the ridge, resorption will be greater than normal. When dentures are left out at night, they should be placed in water to prevent drying & possible dimensional changes.

Dentures should be thoroughly brushed after every meal. The dentures should be removed from the mouth & brushed with a denture brush using denture toothpaste. Regular toothpaste is too abrasive for dentures. The dentures should be brushed over a basin that is partially filled with water or over a towel to minimize the chances of breaking the dentures should they slip out of the hands.

Denture cleansers can also provide an effective adjunct to a patient's denture oral hygiene regimen. For example, Polident effervescent denture tablets can be used in the storage water with the dentures in place. Different formulations are available for a 3-minute soak or overnight & also for cast metal-frame partial dentures.

DENTAL VISITS

Patients who wear dentures still require routine dental examinations. Tissues under dentures change with time depending on many factors, the general health of the patient being one of the most important. Dentures become ill-fitting & can damage the supporting tissues without the patient being aware that anything is wrong because it happens over a long period of time. Lesions can develop in the oral cavity that may or may not be associated with the dentures. All edentulous patients should be examined by a dentist at least once a year. Dentures are not intended to be permanent. The denture will become worn over time & will lose its fit because of changes in the residual ridge. A replacement should be considered every 7–10 years & a relines should be considered from time to time (on average 2–3 years).